

Program: Introduction to Information and Communication Technology Accessibility

and Inclusive Design

Course: Accessible Digital Content

Second Section: Accessible word-processing documents



Course Overview and Licensing Information

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Targeted competencies:

- Mada ICT-AID Competency Framework
 - **D4.1, D4.2, D4.3, D4.4**
 - **D4.5.1, D4.5.2, D4.5.3, D4.5.4, D4.5.5**

General objectives

- Understanding key considerations for accessibility in common digital formats.
- Familiarity with fundamental principles of accessibility when creating digital content, such as word processing documents, presentations, PDF files, and various multimedia formats.
- Testing, evaluating, and reviewing accessibility requirements for inaccessible digital content.

Unit learning outcomes

- By the end of this unit, you will be able to:
 - Identify digital accessibility requirements in common digital formats.
 - Create accessible digital content.
 - Evaluate and review inaccessible digital content.

Unit Topics

- Accessibility considerations for common digital formats.
- Accessible word-processing documents.
- Accessible Presentation documents.
- Accessible PDF documents.
- Accessibility considerations for different multimedia formats.

2. Accessible word-processing documents

Section learning outcomes

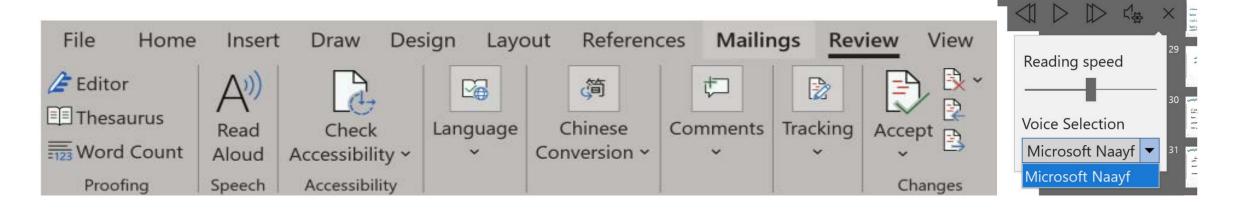
By the end of this section, you will be able to:

- Identify and apply digital accessibility considerations to word processing documents.
- Evaluate and review the accessibility of word processing documents using automated verification tools and assistive technology.
- Correct non-accessible documents.
- Review the accessibility checklist for word processing documents and related best practices.

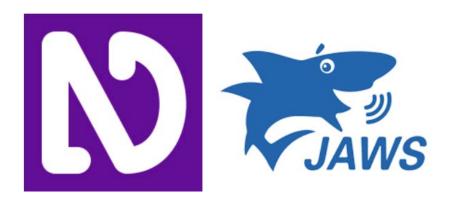
- a) Word processing software (1/2)
- Microsoft Word is considered one of the most widely used word processing programs.
- The Microsoft Word processing program will be used in the current course to present the basics of digital accessibility for word processing documents.
- Documents created with Microsoft Word are saved using the .docx format as the default format for text documents.
- This program can also be used to create PDF and HTML files.
- Microsoft Word includes many features and services related to digital accessibility.

- a) Word processing software (2/2)
 - Word processing documents are created using word processing programs that provide a range of digital editing services for users to write, format, save, and print texts.
 - Examples of word processing programs include Microsoft Word and Google Docs.
- These programs are commonly used by everyone, especially students, teachers, authors,
 writers, content creators, and publishing specialists, etc.
- It is essential for people with disabilities and different abilities to be able to access, read, and interact with the content.

- 1. Creating a digitally accessible word processing document
 - b) Accessibility features in Word (1/4)
 - Text-to-Speech Reader "Read Aloud".
 - Text-to-Speech can be used to read the document automatically.
 - Pre-installing Arabic voices in the operating system settings is required beforehand.



- b) Accessibility features in Word (2/4)
- Keyboard shortcuts and screen readers can be used for navigating, exploring documents,
 and accessing different display modes
- Screen readers like Narrator, JAWS, or NVDA can be used.
- Other screen reader programs can also be used as long as they comply with digital accessibility standards.



Creating a digitally accessible word processing document Accessibility features in Word (3/4)

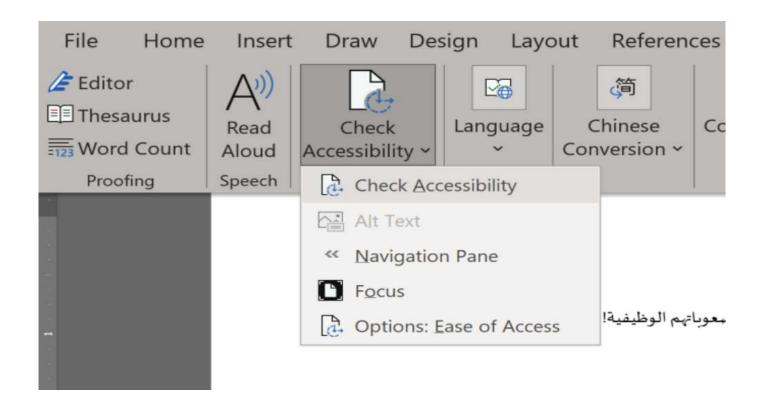
- External keyboards with keyboard shortcuts for Word can be used to enhance efficiency, especially for users with motor and visual impairments.
- Keyboards and shortcuts are considered essential alternatives to using a mouse.
- Keyboard shortcuts can be easier to use than touchscreens.

To do this	Press
Open a document.	Ctrl+O
Create a new document.	Ctrl+N
Save the document.	Ctrl+S
Close the document.	Ctrl+W
Cut the selected content to the Clipboard.	Ctrl+X
Copy the selected content to the Clipboard.	Ctrl+C
Paste the contents of the Clipboard.	Ctrl+V
Select all document content.	Ctrl+A
Apply bold formatting to text.	Ctrl+B





- 1. Creating a digitally accessible word processing document
 - b) Accessibility features in Word (4/4)
 - Accessibility checker in Microsoft Word



- c) Considerations for Structure and Layout (1/2)
- To ensure compatibility with accessibility requirements for assistive technologies, particularly for screen readers and Braille displays, the following considerations must be addressed:
 - Clarity of document structure and consistency across its textual and non-textual elements such as images and diagrams.
 - Accurate and proper arrangement of headings to facilitate reading and navigation using keyboard shortcuts.
 - Using header, paragraph, and list templates.
 - Adding a table of contents for headings, as well as for images, diagrams, and tables...

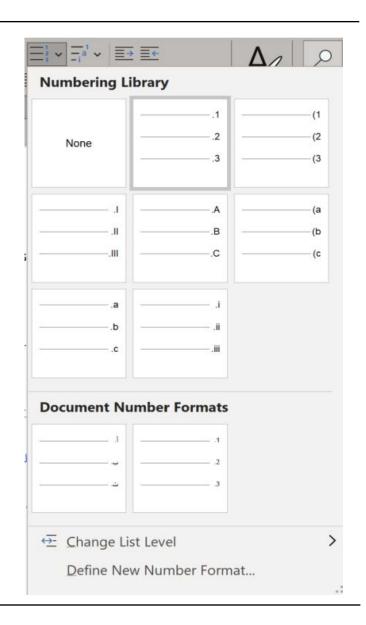
- Creating a digitally accessible word processing document
 c) Considerations for Structure and Layout (2/2)
 - Using embedded heading style.
 - Minimizing spacing between content elements.
 - Ensuring consistent formatting, content, and document structure throughout.



- d) Visual Design Considerations
- Ensuring sufficient contrast for all foreground and background elements, with a minimum contrast ratio of 4.5:1
- Avoiding the use of color alone to convey emphasis or messages.
- For Arabic text:
 - Use accessible font like MS Sans Comic, Cursive, Arial, or Tahoma as alternative options.
 - Minimum font size for Arabic text should be 13 points.
 - Applying the right to left text direction.
 - Avoiding decorative fonts.
 - Using text underlining appropriately for hyperlinks only.

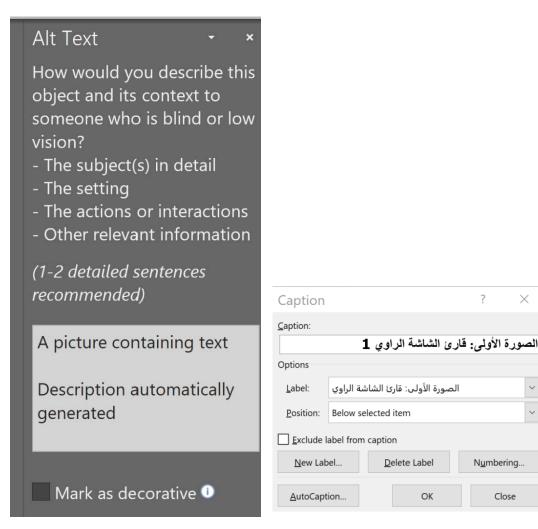
Creating a digitally accessible word processing document e) List Considerations

- Lists should be created using structured list tools (ordered and unordered) to ensure they are properly recognized as lists, making content easier for screen reader users to understand.
- Without using these tools, the list is not technically a list, which can make the content more challenging for screen reader users to fully comprehend.
- Ordered and unordered list tools are highly customizable.
- Lists can be designed as needed for specific requirements.



Creating a digitally accessible word processing document

- **Image and Graphic Considerations f**)
- Adding captions for images can be done by rightclicking on the image and selecting "Insert Caption".
- Adding alternative texts for images can be done by right-clicking on the image and selecting "View Alt Text," and entering the information in the description field.

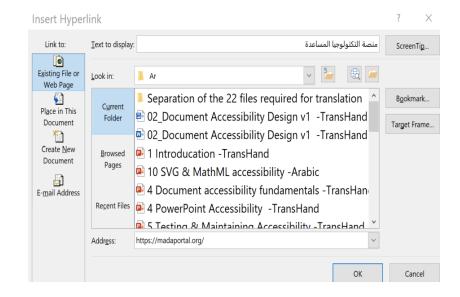


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- g) Considerations for Hyperlinks (2/1)
- Hyperlinks in Word documents allow users to visit web pages, send emails, and navigate to addresses or bookmarks within the same document.
- It is important to ensure that the link text helps users understand what the link refers to, so they can easily determine whether they want to visit that site.
- Avoid writing vague descriptions like "click here."

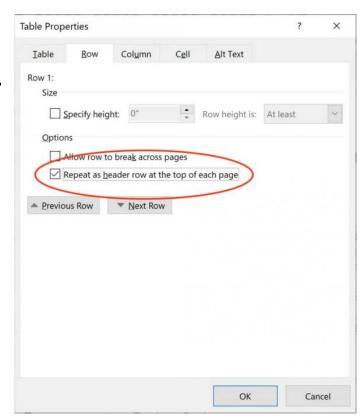
Creating a digitally accessible word processing document g) Considerations for Hyperlinks (2/2)

- When using a screen reader, the link description is read aloud, so meaningful link descriptions must be used, following these steps:
 - Copy the link you want to work with into a Word document and turn it into a hyperlink.
 - Select the whole URL, including the "http" at the beginning and the domain at the end.
 - Right-click to open the context menu, then find and select Edit Hyperlink.
 - In the dialog box, look for a text box labeled Text to display. Type in the description text you want.



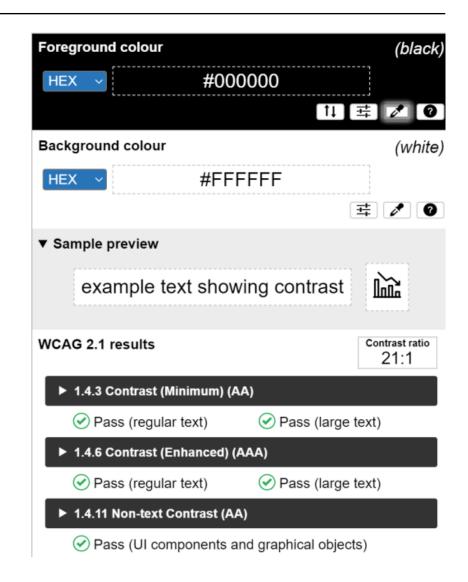
Creating a digitally accessible word processing document h) Table Considerations

- Screen readers find tables difficult to interpret unless they include clear coding that defines the relationships between all parts of the table (such as titles, columns, rows, and data cells).
- Use tables to present data and avoid complex, nested content tables.
- Complex tables can be simplified by dividing them into several simple tables and adding meaningful headers above each.
- For simple tables, specify the row containing column headers and add a meaningful title.



- i) Other Considerations (1/2)
- Choose language carefully, proofread text, and use simple language.
- Use appropriate and accessible font types and sizes, typically no smaller than 12 points for English and no smaller than 13 points for Arabic.
- Avoid relying solely on color, underlining, or bold fonts to convey information.
- Ensure that watermarks do not affect readability and achieve the required contrast.
- Use headings with formatting styles to add a table of contents for long documents.

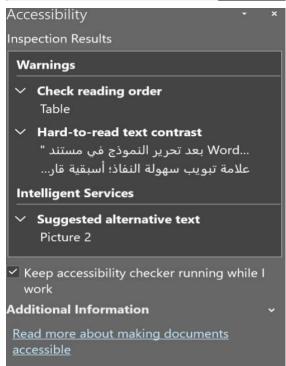
- Creating a digitally accessible word processing document
 i) Other Considerations (2/2)
 - Provide sufficient contrast between text and background colors. You can use the colour contrast analyzer tool to measure color contrast in the submitted document. Take multiple samples from the document and verify that the color contrast ratio is at least 4.5:1 or higher.



Creating a digitally accessible word processing document j) Check Accessibility

- Microsoft Word includes an accessibility checker to verify document accessibility.
- The checker can identify various accessibility issues and suggest fixes.
- Results from the checker are classified into three categories:
 - Errors: Content that makes the document inaccessible, e.g., an image without alternative text.
 - Warnings: Content that limits accessibility, e.g., a link without meaningful descriptive text.
 - **Tips:** Content that is accessible but could be organized or presented better, e.g., skipping from a first-level heading to a third-level heading.





1. Creating a digitally accessible word processing document

k) Best Practices

- Include alternative text for all visual elements (images, graphics, shapes, charts, embedded items, textual content, videos, etc.).
- Add meaningful hyperlink texts.
- Colors are not the only means to highlight and convey information.
- Use sufficient contrast between text and background colors.
- Utilize headings at different levels using formatting styles.
- Use simple tables with headings and column headers specified.

1. Creating a digitally accessible word processing document

l) Accessibility Checklist (1/4)

Accessibility Checklist for Documents:

- Create separate documents in both Arabic and English languages, whenever possible.
- Use simple language with linguistic checks.
- Content in English: Arial font, minimum font size 12 points. Content in Arabic: Arial font, minimum font size 13 points.
- Avoid using underlining for formatting effects.
- Use italics when necessary; use bold font concurrently.
- Consistently use styles to define document structure elements, for example: "Heading" 1
 Page Title, "Heading" 2 All Main Headings, "Heading" 3 All Subheadings

- l) Accessibility Checklist (2/4)
- Use actual bullet points for all bullet lists or numbered lists.
- Create a "Table of Contents" for quick navigation based on the heading structure.
- Use tables only for tabular data.
- Use column headers in tables to give meaning to data cells.
- Align all English content to the left and align all Arabic content to the right.
- Avoid center-aligning content.

- l) Accessibility Checklist (3/4)
- Ensure sufficient contrast between foreground (text) and background elements, with a minimum contrast ratio of 4.5:1.
- Avoid using color alone to convey a message.
- Reduce spacing between all content, up to a maximum of 2 spaces or two characters.
- When using images that contain text, ensure the alternative text accurately describes the text within the image.
- Do not add descriptions or alternative texts for decorative images.
- If images are used as links, add a description of the link destination in alternative text.
- Use meaningful descriptive phrases in all links; for example, avoid limiting use to just "read more".

- l) Accessibility Checklist (4/4)
- Save the file as a PDF from Word.
- Never scan to PDF under any circumstances as it produces a flat image that is not easily accessible; use OCR software such as Adobe Acrobat Professional XX to repair, select the language, and specify the document title.

Creating a digitally accessible word processing document m) Useful Links:

- Detailed information about digital accessibility to Microsoft Word text processing files in the following links:
 - Microsoft Word Accessibility
 - Microsoft: Make your Word Documents Accessible to People with Disabilities
 - OpenOffice: Styles on Apache OpenOffice Writer
 - WebAIM: Microsoft Word: Creating Accessible Documents

Digital Accessibility - Digital Files (3/6)

Creating Accessible Multimedia / Video Content:

- Use closed captioning (CC) and audio descriptions (AD).
- Ensure easy access to captioning and audio descriptions through dedicated icons.
- Make video content accessible.
- Avoid complex backgrounds, excessive images, long texts, and animated images.
- Add sign language interpretation.

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